

Biopsy Care Instructions

1. What to Expect

- Mild soreness or bruising is normal.
- A small amount of bleeding or clear fluid may occur on the first day.

2. Wound Care

- **Keep the area clean and dry for 24 hours.**
- After 24 hours:
 - Gently wash with mild soap and water.
 - Pat dry and apply thin layer of petroleum jelly
 - Apply a clean bandage
- Do not pick at the scab or scratch the area.

3. Pain Control

- You may take **acetaminophen (Tylenol)** for discomfort, unless told otherwise.
- Avoid aspirin or ibuprofen unless your provider says they are okay.

4. Sutures (if you have them)

- Keep sutures dry for 24 hours
- Clean every day with soap and water, then pat dry and apply vaseline and a bandage
- Avoid heavy exercise, bending, or stretching the area for **24–48 hours**.
- Follow up for suture removal in **7–14 days** as directed

5. When to Call Us

- Increasing redness, swelling, or warmth
- Pus or foul-smelling drainage
- Bleeding that does not stop after 10–15 minutes of pressure
- Fever or chills
- The wound opens up
- If you haven't heard back from us about your results after 2 weeks

